

**Transcript: iTHRIV Learning Shorts, Team Science with Community Partners: Communication and Collaboration**

[Music]

**Kris Miller:** Thinking outside the box, there are radio shows, there are local newspapers, there are magazines, there are pamphlets, there are associations and coalitions, and lots of ways to communicate with the public. Right?

**Deron Campbell, PhD:** I agree. I also think it's important, you know, in taking that ideology of communication a step forward, is really putting community members in the driver's seat of choosing how they want to be communicated to. Of choosing what information they want shared with them, what capacity, how much they want to be involved. You know, we're not just inviting them into something, we're inviting them to act with us to participate, to build, to mold, to change and that needs to be, you know, a part of the foundation where you're looking at how to um build effective communication.

Everybody is coming to the table to learn something and I think that exposure is necessary. Exposure to the communities that you're participating and doing research with. But I think actually what goes long way, isn't really teachings or trainings on how to conduct research better. What we're really talking about is customer service and being kind. You know, if every scientist or researcher could get a crash course of what it feels like to be to bag groceries at a grocery store or to, you know, or to be of service to community in a setting where you're not practicing research but you're being a servant is great experience to show you, one diversity around you. How to communicate with different people that don't look like you, they don't talk like you, they don't understand what you do. But then that also again gives you exposure to understanding that your world isn't limited to what you're doing and you can be incredibly impactful in so many other areas outside of where your intention resides. So yeah, exposure is great. How about, how about you Kris?

**Kris Miller:** What he said! [Laughter]

[Music]

**Deron Campbell, PhD:** Understanding, I think understanding is something that is bidirectional. That is often misunderstood, so understanding goes a long way. But when you're intentional to understand that may really shift, you know, how you interpret your participation in something. But also, others around you, you know, who's a part of that team because we're talking about building a team. Team science isn't a team of one, it's a team of many. And so, when we're talking about collaboration, it's really important to understand, not only, how you are a key player in this, but how the other members of your team are present to contribute to a collective whole. And that collaboration really isn't possible without, you know, understanding of how you're contributing to the team and what you want to pull out of it.

**Kris Miller:** I would also say respecting the process. Respecting the process of getting to know each other, so the relationship building. Respecting the process of finding out where people's knowledge lies. And then it just takes time to gather all that and say great you're going to do this, I'm going to do this, and that's putting our best selves, right, together. So, respecting the process and not just having a goal in mind but enjoying the journey.

**Deron Campbell, PhD:** For more information about iTHRIV and team science, please visit our website.

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